



Where can you find some help? SUPPORTIVE LOCAL RESOURCES

Ellsworth County Health Dept. 785-472-4488

- Accurate Covid-19 Information
- Food Bank Appointments (no income limits)
- Many health services on a sliding scale
- http://www.ellsworthcounty.org/County_departments/health_department/
- Information on USDA Commodities Food Distribution (income limits set by USDA)

Ellsworth County Medical Center 785-472-3111

- A listening ear with referrals to Counselors
- Appointments with Medical Providers to Assess your Needs

Ellsworth Ministerial Alliance

- Assistance with gaps in rent payment and utility bills payment. Call Exie Barber at 785-472-3232

Catholic Charities 785-823-2251 Mobile Outreach

- Program will be available in Ellsworth every 1st Wednesday of the month from 11:00 AM to 12:00 noon; the next date is December 4th. The van will be located in the parking lot of St. Bernard Catholic Church, 911. N. Kansas Ave., Ellsworth

Caring Families 785-531-2616

Shiney Hineys 785-472-9300

- Free diapers, wipes, infant ointments & laundry soaps. Pastor Mary Somrak or Susan 785-472-9300

Angel's Care Home Health 785-658-5681

Domestic Violence Association of Central Kansas

(785) 827-5862 <http://www.dvack.org>

Salvation Army 785-823-2251

<https://centralusa.salvationarmy.org/salina>

- Many services including energy assistance

American Red Cross of Central and Western Kansas

1-785-827-3644

Older Kansans Employment Program 785-827-4857

Kansas Works <https://www.kansasworks.com/ada/r/>

Kansas Legal Services 888-353-5337

Veridian Behavioral Health 785-452-4930

Consumer Credit Counseling Service, Inc. 800-279-2227

National Suicide Prevention Hotline 1-800-273-8255

Lifeline Crisis Chat www.contact-usa.org/chat.html

Central Kansas Mental Health Center 800-794-8281

Ellsworth County Council on Aging 785-472-3032

This resource brought to you by:

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